



# Nell Holcomb R-IV School

## October 2018

### Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> Pancakes, sausage, fruit, & milk  Crispito, cheese dip, corn, pineapple, & milk	<b>2</b> Honeybun, fruit, & milk  BBQ chicken on bun, baked beans, peaches, & milk	<b>3</b> Cereal, cinnamon toast, fruit, & milk Pork w/gravy, whipped potatoes, green beans, hot roll, & milk	<b>4</b> Breakfast pizza, fruit, & milk  Chili, peanut butter sandwich, pears, & milk	<b>5</b> Pop tart, oatmeal, fruit, & milk  Chicken sticks, potato tots, applesauce, bread, & milk
<b>8</b> French toast sticks, fruit, & milk  Corndog, chips w/nacho cheese, peas, pears, & milk	<b>9</b> Biscuit w/gravy, sausage, juice/milk Cheeseburger, French fries, fruit salad, & milk	<b>10</b> Cereal, cinnamon toast, fruit, & milk Chicken & noodles, green beans, peaches, hot roll, & milk	<b>11</b> Bagel, fruit, & milk  Tomato soup, grilled cheese, applesauce, & milk	<b>12</b> Muffin, yogurt, fruit, & milk  Pizza, salad, pineapple, & milk
<b>15</b> Pancakes, sausage, fruit, & milk  Beefaroni, corn, pears, garlic bread, & milk	<b>16</b> Honeybun, fruit, & milk  Deli turkey w/cheese on bun, potato smiles, applesauce, & milk	<b>17</b> Cereal, cinnamon toast, fruit, & milk Chicken nuggets, whipped potatoes, peaches, biscuit w/gravy, & milk	<b>18</b> Scrambled eggs, toast, juice/milk  Juicy burger, peas, pineapple, cheese stick, & milk	<b>19</b> Breakfast cookie, fruit, & milk  Fish sticks, baked beans, fried apples, & milk
<b>22</b> French toast sticks, fruit, & milk  Taco pie, corn, pears, & milk	<b>23</b> Biscuit w/gravy, sausage, juice/milk Chicken patty on bun, baked beans, peaches, chocolate cake, & milk	<b>24</b> Cereal, cinnamon toast, fruit, & milk Baked ham, whipped potatoes, green beans, pineapple, & milk	<b>25</b> Bagel, fruit, & milk  Vegetable soup, grilled cheese, apples, & milk	<b>26</b> Muffin, yogurt, fruit, & milk  Pizza, salad, mixed fruit, & milk
<b>29</b> Pancakes, sausage, fruit, & milk  Fajita chicken, Mexican rice, re-fried beans, pineapple, & milk	<b>30</b> Honeybun, fruit, & milk  BBQ riblet on bun, potato tots, fruit salad, & milk	<b>31</b> Cereal, cinnamon toast, fruit, & milk Baked pork w/gravy, whipped potatoes, green beans, peaches, & milk	<b>Nov 1</b> Breakfast pizza, fruit, & milk  Chili, peanut butter sandwich, pears, & milk	<b>Nov 2</b> Pop tart, oatmeal, fruit, & milk  Chicken sticks, baked beans, applesauce, & milk

\*Baby carrot sticks, broccoli florets, and dried fruit offered daily to all students. Cereal & toast offered daily as an alternative to breakfast. \* Salads offered daily to grades 6th through 8th. In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (566) 632-9992. Submit your completed form or letter to USDA to: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW Washington, D.C. 20250-9410. This institution is an equal opportunity provider.